



What to Bring to Treatment



What to Bring:

- 1 week's worth of clothing
- Slip on shoes, i.e. slippers - Tennis shoes if they wish to work out
- List of contact numbers written down
- Coat
- Gloves
- ID
- Insurance Card
- Credit Card
- Prescription Card
- FMLA Paperwork
- Information/Contact information for PCP, Therapist, Psychiatrist
- Stamps/Envelopes
- Hair brush/comb

What to Leave at Home:

- **No** hygiene products. All hygiene products will be provided by the facility
- **No** more than 2 small pieces of luggage or one large piece
- **No** large amounts of cash is preferred
- **No** opened tobacco products. If client chews, they must use pouches.
- **No** more than 5 cosmetic items
- **No** pillows or blankets from home
- MP3 players are allowed for Residential clients, but they cannot have WiFi capabilities or camera functioning
- **No** sharps of any kind

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